

# Lecture summaries

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### **Pathophysiology of nausea and vomiting**

This lecture provides veterinary nurses and technicians with a practical, evidence-based overview of nausea, vomiting, regurgitation, and ileus in the ECCI patient. It defines each process clearly, highlighting key clinical differences, then explores the underlying pathophysiology, including central and peripheral pathways, gastrointestinal motility disorders, and systemic influences. Pharmacological management is discussed with emphasis on mechanism-based drug selection, covering antiemetics, prokinetics, and supportive therapies. The session concludes with focused nursing considerations, including patient assessment, monitoring response to treatment, nutritional support, aspiration risk, and advocating for timely intervention to optimise patient comfort and outcomes in emergency and critical care settings.

#### Learning goals

1. Define nausea, vomiting, regurgitation and ileus
2. Describe the pathophysiology of each process
3. Discuss pharmacological treatment options for each process and the rationale for drug choice
4. Describe nursing considerations for the critical patient experiencing nausea, vomiting, regurgitation and ileus

### **Beyond clinical practice - unleashing your potential (panel)**

This panel discussion focuses on how different veterinary nursing qualifications and opportunities can shape professional development beyond day-to-day clinical work. Nurses with varied educational backgrounds will discuss postgraduate certificates, specialist credentials, educator pathways, contribution to literature and advanced training options, sharing insights into the wide variety of options available to nurses and technicians to expand knowledge and skill set. The session aims to demystify further education, clarify expectations and commitments, and help nurses understand how targeted qualifications can expand responsibility, autonomy, and professional influence within nursing roles. Emphasis will be placed on informed decision-making and realistic planning.

#### Learning goals

1. Identify a range of postgraduate qualifications, specialist credentials, and non-clinical career pathways available to veterinary nurses and technicians beyond routine clinical practice.
2. Evaluate how different educational and professional development pathways can expand clinical responsibility, autonomy, and influence within veterinary nursing roles.
3. Describe the commitments, expectations, and practical considerations associated with pursuing advanced training, postgraduate education, or alternative professional roles.
4. Apply panel insights to make informed, realistic decisions about personal career planning and targeted professional development aligned with individual goals and circumstances.

### **Does the future look bright? (panel)**

This panel discussion takes an honest look at the long-term career prospects for veterinary nurses and asks whether the future of the profession truly looks bright. Experienced nurses from a range of roles and workplace settings will share candid perspectives on career longevity, progression, workload, and sustainability. The discussion will address both opportunities and ongoing challenges, including retention, burnout, and evolving expectations within the profession. The session aims to provide realistic insight into how nursing careers develop over time and what conditions are necessary for nurses to remain engaged and effective in the long term.

#### Learning goals

1. Discuss factors influencing long-term career sustainability for veterinary nurses.
2. Explore a range of career trajectories available within the veterinary nursing profession.
3. Recognise how lived experiences from nurses working in varied roles and workplace settings inform long-term career development.
4. Identify common challenges and opportunities associated with maintaining a long-term career in veterinary nursing.